



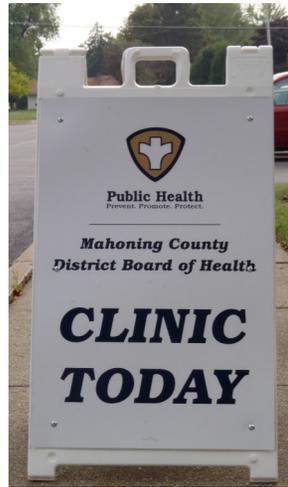
Public Health

Prevent. Promote. Protect.

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Mahoning County District Board of Health



Mission Statement

The Mahoning County District Board of Health exists to promote and protect the health of individuals and communities within Mahoning County. The Board of Health and staff pursue the goal of healthy people in healthy communities by working to fulfill these core public health functions:

- prevent epidemics
- protect the environment, the air, food, water, and housing
- promote healthy behaviors
- *monitor the health status of the community*
- *mobilize community action for health*
- prepare for and respond to disasters
- assure the accessibility of medical care
- reach out to link high-risk, disadvantaged persons to needed services
- provide medical care when needed
- train health workers skilled in health promotion and disease prevention

2014 Mahoning County Community Health Improvement Plan

PARTNERS

Organizacion Civica y Cultural Hispana Americana
 Mahoning County Ed. Service Center
 United Way Y/MV
 City of Youngstown
 MC Alcohol Drug Addiction Services Board
 Help Hotline
 Youngstown City Health Department
 MC District Board Of Health
 Youngstown City Schools
 Springfield Township
 Poland Township

MC Mental Health Board
 Diocese of Youngstown
 Millcreek Metro Parks
 Neil Kennedy Recovery Clinic
 YSU
 Humility of Mary Health Partners
 Akron Children's Hospital Mahoning Valley
 Access Health Mahoning Valley
 UAW-GM Community Health Initiative
 MC Family and Children First Council
 Meridian Care Services

Youngstown Office of Minority Health
 Akron Children's Hospital
 The March of Dimes
 MC WIC Program
 Planned Parenthood of Greater OH
 MC Board of Developmental Disabilities
 Ohio Infant Mortality Reduction Initiative
 Youngstown City Parks
 YMCA of Youngstown
 Youngstown Metropolitan Housing Authority
 Ohio Department of Health

PROCESS

* Data Collection

* Data Analysis

* Priority Setting

COMMUNITY HEALTH PRIORITIES AND GOALS

Health Eating/Active Living

- Decrease the % of adults >20 who are physically inactive from 27.9% to 25%
- Increase the number of minutes children spend in school-based physical activity each week by 50%
- Decrease the % of adults not eating five servings of fruits and vegetables daily from 74.1% to 70.4%
- Increase WIC client breast feeding initiation from 53.4% to 60%
- Decrease the % of overweight/obese children (3rd grade) from 38.2% to 34.4%
- Decrease the number of adults, aged >18 years, who have a body mass index (BMI) >=30.0 kg/m² from 29.8% to 26.8%

Substance Use Disorders

- Reduce opiate prescribing in Mahoning County from 82 to 79 doses per capita per year
- >100 families/friends of individuals at risk for drug poisoning will receive Naloxone
- Analyze outcomes of newborns experiencing Neonatal Abstinence Syndrome
- Reduce the number of drug poisonings in Mahoning County from 246 to 200
- Decrease the number of Mahoning County 11th graders reporting prescription drug abuse from 6% to 2.5% and reporting heroin use from 3.5% to 1.0%

Infant Mortality

- Decrease the % of mothers becoming pregnant within 18 months of a prior delivery from 30% to 28%
- Increase the % of pregnant women receiving first trimester prenatal care from 69.1% to 72.6%
- Increase the % of mothers of pre-term infants admitted to the NICU that receive education regarding progesterone treatment during her next pregnancy from 50% (2013) to 100%
- Institute a Fetal and Infant Mortality Review Board (FIMR) to review all cases of fetal and infant death
- Decrease the rate of low birth weight babies from 9.9% to 7.9%
- Decrease the rate of pre-term births from 13.1% to 11.8%
- Reduce the infant mortality rate for mothers with a high school education or less from 10.25% to 9.3%
- Reduce the infant mortality rate for deliveries paid by Medicaid from 10.75% to 9.67%
- Reduce the black/white infant mortality dissimilarity index from .64 to .58
- Decrease the number of infants dying each year in an unsafe sleep environment from 4 to 2

Chronic Disease—Diabetes

- Individuals at risk for developing Type 2 Diabetes will participate in the Y-USA Pre-Diabetes Program
- 25% of all Y-USA Pre-Diabetes Program participants will experience a 5-7% weight loss and will report 150 minutes of physical activity weekly
- 90% of primary care practices in Mahoning County will receive D5 criteria information
- 31% of diabetics in HMHP Primary Care practices will meet D5 criteria.
- Decrease adult smoking rates from 22% to 20%
- Decrease the diagnosis of new cases of Diabetes 11.8/1000 to 11.2/1000