



Public Health
Prevent. Promote. Protect.

**Mahoning County
District Board of Health**

NEWS RELEASE

FOR IMMEDIATE RELEASE	CONTACT: Diana Colaianni, Nursing Director (330) 270-2855 ext. 128
	DATE: October 1, 2013

The Mahoning County District Board of Health will be administering flu vaccine as detailed below. We accept most private insurances. Please remember to bring insurance cards, Medicare and Medicaid cards so the cost of the vaccine can be billed. The quadrivalent flu shot, the nasal spray or the trivalent intradermal flu vaccine cost is \$30.00. High dose trivalent flu vaccine is available for those 65 years of age and older for \$50.00. No appointment is necessary.

Date	Time	Clinic Site and Address
Friday, October 4	12:00 p.m. –4:00 p.m.	Poland Township Administration Building 3339 Dobbin Road Poland, Ohio 44514

2013 – 2014 Flu Vaccine Recommendations

Who should get the flu vaccine?

Flu vaccine is recommended for **everyone 6 months of age and older.**

For ages 6 months through 64 years old, the quadrivalent vaccine is THE recommended vaccine.

Due to changes in the immune system as we age, the CDC recommends that **adults 65 and older receive the High Dose flu vaccine which contains four times greater flu virus fighting capability than the traditional flu vaccine.**

What is the QUADRIVALENT flu vaccine?

Prior to this year, the flu vaccine contained only 3 influenza virus strains, 2 A strains and 1 B strain. It was called a trivalent vaccine. This year the flu vaccine contains 4 virus strains, 2 A strains and 2 B strains. It is called a quadrivalent flu vaccine. The additional B strain has been added because past vaccine “failures” were associated with B virus strains that were not circulating when the vaccine components were selected. Furthermore, B strains account for a large share of the illness and death seen in the infant population. The additional B strain contained in the quadrivalent vaccine provides additional protection. Therefore, **the quadrivalent vaccine is now THE recommended vaccine for ages 6 months through 64 years old.** People over 65 years old are not as seriously affected by the B strain virus because of their lifetime experience with B viruses so the high dose vaccine for people 65 years and older remains a 3-virus, trivalent preparation.

The Mahoning County District Board of Health has the following flu vaccines available this season:

- Quadrivalent flu shots for individuals 6 months through 64 years;
- Quadrivalent nasal spray vaccine for those 2 years to 49 years who do not have a chronic illness like asthma or diabetes;

- Trivalent short needle intradermal vaccine;
- High-dose vaccine for those 65 years and older;
- State supplied VFC Program Quadrivalent vaccine for ages 36 months and older (both intramuscular and intranasal);
- Pediatric trivalent vaccine for infants 6 to 35 months.
- **NOTE: All vaccines are now preservative free.**

For more detailed information see www.cdc.gov.

For a complete listing of our flu clinics please visit our website at www.mahoninghealth.org

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