2013 – 2014 Flu Vaccine Recommendations

Who should get the flu vaccine?

Flu vaccine is recommended for everyone 6 months of age and older (for children aged 6 months through 8 years, 2 doses are recommended, one month apart, the first year that they get flu vaccine).

What is different with this year’s flu vaccine?

Prior to this year, the flu vaccine has contained 3 influenza virus strains, 2 A strains and 1 B strain. It was called a trivalent vaccine. This year the flu vaccine contains 4 virus strains, 2 A strains and 2 B strains. It is called quadrivalent flu vaccine. The additional B strain has been added because past vaccine “failures” have been associated with B virus strains that were not circulating when the vaccine components were selected in the January prior to the beginning of flu season. Furthermore, B strains account for a large share of the illness and death seen in the infant population. Therefore, the quadrivalent vaccine is now the recommended vaccine for ages 6 months through 64 years old. People over 65 years old are not as seriously affected by the B strain virus because of their lifetime experience with B viruses so the high dose vaccine for people 65 years and older remains a 3-virus, trivalent preparation.

What does the Mahoning County District Board of Health have this year?

The Mahoning County District Board of Health will have the following flu vaccines available this season:

- Quadrivalent flu shots for individuals 6 months through 64 years;
- Quadrivalent nasal spray vaccine for those 2 years to 49 years who do not have a chronic illness like asthma or diabetes;
- Trivalent short needle intradermal and high-dose vaccine;
- State supplied VFC Program Quadrivalent vaccine for ages 36 months and older (both intramuscular and intranasal);
- Pediatric trivalent vaccine for infants 6 to 35 months.

**NOTE: All vaccines are now preservative free.**
For more detailed information see [WWW.CDC.GOV](http://WWW.CDC.GOV).

Below is the 2013 Mahoning County District Board of Health Flu Vaccination Clinic Schedule.

The cost for the quadrivalent flu shot, the nasal spray or the trivalent intradermal flu vaccine is $30.00. High dose trivalent flu vaccine is also available for those 65 years of age and older for $50.00. No appointment is necessary. Most private insurances are accepted. Please remember to bring insurance cards, Medicare and Medicaid cards so the cost of the vaccine can be billed.

### 2013 Mahoning County District Board of Health Flu Shot Clinic Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Clinic Site and Address</th>
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| Monday, September 30    | 10:00 a.m.– 4:00 p.m. | Canfield United Methodist Church  
27 S. Broad Street  
Canfield, Ohio 44406 |
| Friday, October 4       | 12:00 p.m. –4:00 p.m. | Poland Township Administration Building  
3339 Dobbin Road  
Poland, Ohio 44514 |
| Tuesday, October 8      | 10:00 a.m. – 2:00 p.m. | OCCHA  
3660 Shirley Road  
Youngstown, Ohio 44502 |
| Thursday, October 10    | 2:00 p.m. – 5:00 p.m. | Struthers Mauthe Park  
156 Smithfield St.  
Struthers, Ohio 44471 |
| Friday, October 11      | 9:00 a.m. - 12:00 p.m. | Green Township Administration Building  
12200 Lisbon Rd.  
Salem, Ohio 44460 |
| Thursday, October 17    | 10:00 a.m. – 6:00 p.m. | Mahoning County District Board of Health  
50 Westchester Drive  
Austintown, OH 44515 |
| Wednesday, October 23   | 11:00 a.m. – 3:00 p.m. | Boardman Township Building  
8299 Market Street  
Boardman, Ohio 44512 |
| Thursday, October 24    | 9:00 a.m. – 11:00 a.m. | Berlin Township Building (Weidemeir House)  
15801 Akron-Canfield Road  
Berlin Center, Ohio 44401 |
|                         | 12:00 – 2:00 p.m. | Lake Milton Fire Station  
15980 Milton Ave  
Lake Milton, OH 44429 |
| Wednesday, November 6   | 1:00 p.m. – 3:30 p.m. | Goshen Township Administration Bldg.  
14003 W. South Range Rd.  
Salem, Ohio 44460 |