



Public Health
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**Mahoning County
District Board of Health**

NEWS RELEASE

FOR IMMEDIATE RELEASE	CONTACT: Diana Colaianni, Nursing Director (330) 270-2855 ext. 128
	DATE: September 17, 2013

2013 – 2014 Flu Vaccine Recommendations

Who should get the flu vaccine?

Flu vaccine is recommended for everyone 6 months of age and older (for children aged 6 months through 8 years, 2 doses are recommended, one month apart, the first year that they get flu vaccine).

What is different with this year’s flu vaccine?

Prior to this year, the flu vaccine has contained 3 influenza virus strains, 2 A strains and 1 B strain. It was called a trivalent vaccine. This year the flu vaccine contains 4 virus strains, 2 A strains and 2 B strains. It is called quadrivalent flu vaccine. The additional B strain has been added because past vaccine “failures” have been associated with B virus strains that were not circulating when the vaccine components were selected in the January prior to the beginning of flu season. Furthermore, B strains account for a large share of the illness and death seen in the infant population. Therefore, **the quadrivalent vaccine is now the recommended vaccine for ages 6 months through 64 years old.** People over 65 years old are not as seriously affected by the B strain virus because of their lifetime experience with B viruses so the high dose vaccine for people 65 years and older remains a 3-virus, trivalent preparation.

What does the Mahoning County District Board of Health have this year?

The Mahoning County District Board of Health will have the following flu vaccines available this season:

- Quadrivalent flu shots for individuals 6 months through 64 years;
- Quadrivalent nasal spray vaccine for those 2 years to 49 years who do not have a chronic illness like asthma or diabetes;
- Trivalent short needle intradermal and high-dose vaccine;
- State supplied VFC Program Quadrivalent vaccine for ages 36 months and older (both intramuscular and intranasal);
- Pediatric trivalent vaccine for infants 6 to 35 months.
- **NOTE: All vaccines are now preservative free.**

For more detailed information see WWW.CDC.GOV.

Below is the 2013 Mahoning County District Board of Health Flu Vaccination Clinic Schedule.

The cost for the quadrivalent flu shot, the nasal spray or the trivalent intradermal flu vaccine is \$30.00. High dose trivalent flu vaccine is also available for those 65 years of age and older for \$50.00. No appointment is necessary. Most private insurances are accepted. Please remember to bring insurance cards, Medicare and Medicaid cards so the cost of the vaccine can be billed.

2013 Mahoning County District Board of Health Flu Shot Clinic Schedule

Date	Time	Clinic Site and Address
Monday, September 30	10:00 a.m.– 4:00 p.m.	Canfield United Methodist Church 27 S. Broad Street Canfield, Ohio 44406
Friday, October 4	12:00 p.m. –4:00 p.m.	Poland Township Administration Building 3339 Dobbin Road Poland, Ohio 44514
Tuesday, October 8	10:00 a.m. – 2:00 p.m.	OCCHA 3660 Shirley Road Youngstown, Ohio 44502
Thursday, October 10	2:00 p.m. – 5:00 p.m.	Struthers Mauthe Park 156 Smithfield St. Struthers, Ohio 44471
Friday, October 11	9:00 a.m. - 12:00 p.m.	Green Township Administration Building 12200 Lisbon Rd. Salem, Ohio 44460
Thursday, October 17	10:00 a.m. – 6:00 p.m.	Mahoning County District Board of Health 50 Westchester Drive Austintown, OH 44515
Wednesday, October 23	11:00 a.m. – 3:00 p.m.	Boardman Township Building 8299 Market Street Boardman, Ohio 44512
Thursday, October 24	9:00 a.m. – 11:00 a.m.	Berlin Township Building (Weidemeir House) 15801 Akron-Canfield Road Berlin Center, Ohio 44401
	12:00 – 2:00 p.m.	Lake Milton Fire Station 15980 Milton Ave Lake Milton, OH 44429
Wednesday, November 6	1:00 p.m. – 3:30 p.m.	Goshen Township Administration Bldg. 14003 W. South Range Rd. Salem, Ohio 44460

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