

Mahoning County Community Health Improvement Plan 2018 Goal Achievement Status Report – Reported Dec. 2018

PRIORITY ONE: Healthy Eating/Active Living

	Goal Target 2017 - 2018	Goal Target 2019
Indicators	Adults Not Eating 5 Servings of Fruits or Vegetables / Day	Minutes / Week Children Active in School
	WIC Breastfeeding Rates	
	Mercy Health Breastfeeding Initiation Rates	
	Mercy Health Exclusive Breastfeeding Rates	
	Adults Who Are Physically Inactive	Adult Obesity

PRIORITY TWO: Infant Mortality and Birth Outcome Inequity

	Goal Target 2017 - 2018	Goal Target 2019
Indicators	Births with First Trimester Prenatal Care	Low Education (HS diploma or less) Infant Mortality Rate / 1,000 Live Births
	Progesterone Education	Infant Mortality Rate / 1,000 Live Births, Deliveries Paid by Medicaid
	Number of Fetal and Infant Mortality Review Recommendations	
	Number of Deaths Due to Unsafe Sleep Environment	Low Birth Weight
	<18 Month Inter-Conception Spacing	Pre-Term Births
	Tobacco Use During Pregnancy	

PRIORITY THREE: Chronic Disease

	Goal Target 2017 - 2018	Goal Target 2019
Indicators	YMCA Diabetes Prevention Program Participants	Incidence of Diabetes / 1,000 Adults
	Mercy Health Primary Care Practices Meeting Primary Care 6	Adult Smoking
	YMCA Diabetes Prevention Program Evaluation	Diabetic HbA1c Monitoring
	Tobacco Cessation Program Enrollees	

PRIORITY FOUR: Substance Use Disorders (Heroin and Opiates)

	Goal Target 2017 - 2018	Goal Target 2019
Indicators	Prescription Drug Overdose Coalition Creation	SBIRT Implementation
	School Systems Using Evidence Based Prevention Programs	Drug Poisoning Deaths
	Access to Medical Detox	Students Reporting Prescription Opiate/Heroin Use
	Opiate Prescription Per Capita	
	Naloxone Prescriptions	
	Newborns with Neonatal Abstinence Syndrome	

PRIORITY Five: Health Inequities

	Goal Target 2017 - 2018	Goal Target 2019				
Indicators	Foundations Prioritizing Funding	Formal Linkages Created				
	Individuals Trained in Cultural Competency					
	Rate of Completion of Dialogue on Racism Action Plan					
KEY	Goal Met	No Change	Making Progress Toward Goal	Goal Not Met	Moving Away from Goal	Data Not Available

PRIORITY ONE: Healthy Eating/Active Living

This year has brought growth as well as some setbacks in our effort to **increase the number of adults and children regularly engaged in healthy eating and active living**, Mercy Health saw an increase of over 13% with their Stepping Out exercise participants in underserved areas. Through a partnership with the Youngstown Neighborhood Development Corporation and Mercy Health, the Fruit and Vegetable Prescription Program has increased access to fresh fruits and vegetables for both SNAP and non-SNAP individuals in underserved areas. With the Farmers market vouchers distributed through WIC, families in Mahoning County are also seeing an increase in access to fresh fruits and vegetables at farmers markets. The Healthy Community Partnership – Mahoning Valley is focusing their efforts to improve access and increase consumption of health foods, increase access and usage of parks and green spaces, and increase opportunities for active transportation. In 2018, we saw the

elimination of funding for Akron Children's Mahoning Valley to provide funding for exercise program for children in underserved area and also the Well Being Collaborative of Ohio ceased operation. Despite all the efforts, adult obesity and physically inactivity continues to increase in Mahoning County.

PRIORITY TWO: Infant Mortality and Birth Outcome Inequity

The MY Baby's 1st Infant Mortality Coalition continuing with their efforts to **reduce infant mortality and eliminate the inequity between black and white birth outcomes**. Through the efforts of many agencies and organization such as Akron Children's Hospital Mahoning Valley, Mercy Health, the Mahoning County Pathways Hub, pregnant women saw an increase in opportunities to enroll in evidence-based home visiting services and CenteringPregnancy® programs. 2019 will focus on reducing the impact of the Social Determinants of health. Three coalition subcommittees will address unstable housing, inadequate transportation, and lack of access to healthy foods, all which negatively impact birth outcomes. Sustained efforts took place throughout the year to educate the community, health care professionals, and pregnant women on proper birth spacing and long-acting reversible contraception (LARCs), the importance of progesterone use, first trimester prenatal care, and connecting underserved pregnant women to needed clinical and behavioral services to ensure a healthy pregnancy and baby. In 2018, we reached a goal on no infants dying in an unsafe sleep environment, but tobacco use during pregnancy and interpregnancy spacing are still issues that need to be addressed.

PRIORITY THREE: Chronic Disease

To **reduce the number of residents newly diagnosed with diabetes and to reduce morbidity for those with diabetes currently**, the YMCA of Youngstown, area hospitals, and the MCDBOH continue to conducted diabetes education and self-management classes. The YMCA of Youngstown offers the Diabetes Prevention Program, focusing on smaller classes to increase retention rates and goal attainment. A total of 117 individuals participated in one of the self-management classes conducted by the MCDBOH. Due to the increase number of classes, the number of participants in 2018 nearly doubled from 2017. During 2018, 76.3% of Mercy Health primary care practice diabetic patients had an HbA1C less than or equal to 9%, which is an improvement from 73.8% in 2017. Despite efforts to increase awareness of local cessation programs, county adults smoking rates remain stagnant and participation in local cessation programming is not reaching goals.

PRIORITY FOUR: Substance Use Disorders (Heroin and Opiates)

Many efforts are underway to help in the **reduction of deaths from substance use disorders**. The Coalition for a Drug Free Mahoning County and the Prescription Drug Overdose Coalition are working to increase the number of schools in the county that provide evidence-based prevention education programming. In 2018, there were 117 deaths due to drug overdoses which is an increase from 2017. Naloxone kits continue to be available to the community and to local law enforcement resulting in 118 known lives saved from Project DAWN kits. Mercy Health continues to increase their implementation of Screening, Brief Intervention, and Referral to Treatment (SBIRT) in medical practices and they opened a new acute medical detox center in 2018. The Mental Health and Recovery Board and other local agencies and organization continue to conduct awareness to increase the public's knowledge of prescription opiate use and abuse and treatment opportunities.

PRIORITY FIVE: Health Inequities

To **eliminate racial and ethnic health outcome disparities**. Akron Children's Hospital hosted 6 Bridges out of Poverty trainings with 143 attendees and three more trainings are scheduled for 2019. With dedicated funding in 2018 from the Community Foundation of the Mahoning Valley, the Western Reserve Health Foundation, the Trumbull Memorial Health Foundation and the William Swanston Charitable Trust, the Healthy Community Partnership was established to reduce the impact of social determinants of health. The Greater Youngstown Community Dialogue on Racism continued their dialogues and new action planning throughout 2018 and into 2019.