

**Selected Annual Indicators Denoting Progress Toward
Mahoning County 2017 Community Health Improvement Plan Goals
December 2017**

KEY	
Goal Met	
Making Progress Toward Goal	
Goal Not Met	
Moving Away from Goal	
Data Not Available	

PRIORITY ONE: Healthy Eating/Active Living

GOAL:	Increase the number of adults and children regularly engaged in healthy eating and active living	Baseline	Goal	2017 CHA
Indicators	Adults not Eating 5 Servings of Fruits or Vegetables / day ¹	74.1%	70.4%	52.9%
	WIC Breastfeeding Rates ³	53.4%	60%	54.9%
	Minutes / Week Children Active in School ¹⁸	n/a	157.8	105.2
	Mercy Health Breastfeeding Initiation Rates ⁸	75%	90%	77%
	Mercy Health Exclusive Breastfeeding Rates ⁸	38.8%	54%	38%
	Adult Obesity ²	28%	26.8%	31%
	Adults Who are Physically Inactive ²	27.9%	25%	28%

PRIORITY TWO: Infant Mortality and Birth Outcome Inequity

GOAL:	Infant mortality in Mahoning County will met national goals and the disparity between black and white birth outcomes will be eliminated.	Baseline	Goal	2017 CHA
Indicators	Births with First Trimester Prenatal Care ⁶	69.1%	72.6%	75.2%
	Progesterone Education ⁴	50%	100%	96%
	Number of Fetal and Infant Mortality Review Recommendations ⁵	n/a	n/a	11
	Low Education Infant Mortality Rate/ 1,000 Live Births ⁶	10.25	9.3	8.1
	Infant Mortality Rate/1,000 Live Births, Deliveries Paid by Medicaid ⁶	10.75	9.67	7.1
	Number of Deaths Due to Unsafe Sleep Environment ⁷	4	2	2
	Low Birth Weight ⁶	9.9%	7.9%	9.9%
	Pre-Term Births ⁶	13.1%	11.8%	12.9%
	<18 Month Inter-Conception Spacing ⁶	30%	28%	36.2%
	Tobacco Use During Pregnancy ⁶	21.7%	20.5%	21.9%

PRIORITY THREE: Chronic Disease

GOAL:	Fewer residents of Mahoning County will be diagnosed with diabetes and those with diabetes currently will experience reduced morbidity	Baseline	Goal	2017 CHA
Indicators	YMCA Diabetes Prevention Program Participants ¹⁰	0	45	67
	Mercy Health Primary Care Practices Meeting Primary Care ⁶ ¹²	n/a	70%	73.8%
	Incidence of Diabetes / 1,000 Adults ⁹	11.8	11.2	10.3
	Adult Smoking ²	22%	20%	21%
	Diabetic HbA1c Monitoring ²	84%	88%	84%
	Tobacco Cessation Program Enrollees ¹³	439	475	394
	YMCA Diabetes Prevention Program Evaluation ¹⁰	0	75%	33.3%

PRIORITY FOUR: Substance Use Disorders (Heroin and Opiates)

GOAL:	Decrease deaths from Substance Use Disorders	Baseline	Goal	2017 CHA
	Prescription Drug Overdose Coalition Creation ⁷	0	1	1
	SBIRT Implementation ¹⁹	3	6	3
	Access to Medical Detox ¹⁹	0	1	In process
	School Systems Using Evidence Based Prevention Programs ¹¹	0	35%	28.6%
	Drug Poisoning Deaths ²⁰	270	256	327 ²⁰

	Students Reporting Prescription Opiates/Heroin Use ¹⁶	6.0/3.5%	2.5/1.0%	4.2/2.6%
	Naloxone Prescriptions ¹⁷	0	400	273
	Newborns with Neonatal Abstinence Syndrome ⁷	n/a	n/a	In process
	Opiate Prescription Per Capita ¹⁵	66	60	64.7

PRIORITY FIVE: Health Inequities

GOAL:	Reduce Racial and Ethnic Health Outcome Disparities	Baseline	Goal	2017 CHA
	Foundations Prioritize Funding ⁷	0	4	4
	Agencies Trained in Cultural Competency ⁷	0	5	4
	Rate of Completion of Dialogue on Racism Action Plan ⁷	0	60%	71.4%
	Formal Linkages Created ⁷	0	2	In process

Data Sources:

¹ Mahoning County District Board of Health (MCDBOH)/Nursing & Community Health Division, Canfield Fair Survey, 2017

² County Health Rankings, www.countyhealthrankings.org, 2017

³ MCDBOH/WIC Program, 2017

⁴ Akron Children's Hospital Mahoning Valley, Pediatrics, first and second quarters 2017

⁵ MCDBOH, Report and Recommendations on the Review of 2015 and 2016 Fetal, Infant and Child Deaths

⁶ MCDBOH/Nursing and Community Health Division, Ohio Department of Health Birth Data, 2016

⁷ MCDBOH/Nursing & Community Health Division, 2017

⁸ Mercy Health - St. Elizabeth Boardman Hospital – January – 2017

⁹ Centers for Disease Control and Prevention <https://www.cdc.gov/diabetes/atlas/countydata/atlas.html>, 2013

¹⁰ YMCA of Youngstown/Diabetes Prevention Program, 2017

¹¹ Mahoning County Mental Health and Recovery Board - 2017

¹² Mercy Health/Community Health Division - 2017

¹³ Mercy Health Regional Tobacco Cessation Program –2017

¹⁴ Mahoning County Mental Health and Recovery Board, Summer 2016

¹⁵ Ohio Automated Rx Report System, www.ohiopmp.gov, 2016

¹⁶ Coalition for a Drug Free Mahoning County/PEP Survey, www.drugfreemahoningcounty.org/Data.html, 2016

¹⁷ MCDBOH/Project DAWN and Meridian Services, 2017

¹⁸ MCDBOH/Nursing and Community Health Division, School Based Physical Activity Survey, 2016

¹⁹ Mercy Health Ambulatory Addiction Services/ Behavioral Health Institute –2017

²⁰ Ohio Department of Health. Overdose Death data. 2009-2014, 2010-2015, 2011-2016.

For additional information about the Mahoning County Community Health Improvement Plan or the indicators, please contact Tracy Styka, Mahoning County District Board of Health, at tstyka@mahoninghealth.org, (330)-270-2855 ext. 109.