

# Mahoning County 2014 Community Health Improvement Plan 2016 Goal Achievement Status Report

KEY
Goal Met
Making Progress Toward Goal
Goal Not Met
Moving Away from Goal
Data Not Available

## PRIORITY ONE: Healthy Eating/Active Living

GOAL: Increase the number of adults and children regularly engaged in healthy eating and active living

	Goal Target 2017	Goal Target 2019
Indicator	Adults Reporting Eating < 5 Servings of Fruits or Vegetables per day	Adult Obesity
	Adults Who Are Physically Inactive	
	Breastfeeding Rates	
	Minutes per week Children Active in School	Overweight/Obesity Prevalence in 3 <sup>rd</sup> Graders

## PRIORITY TWO: Infant Mortality and Birth Outcome Inequity

GOAL: Infant mortality in Mahoning County will meet national goals and the disparity between black and white birth outcomes will be eliminated

	Goal Target 2015	Goal Target 2017	Goal Target 2019
Indicator	Number of Fetal and Infant Mortality Review Recommendations	Births with First Trimester Prenatal Care <18 Month Inter-Conception Spacing	Low Education (HS diploma or less) Infant Mortality Rate/ 1,000 Live Births
			Low Birth Weight
	Pre-Term Births		
	Number of Deaths Due to Unsafe Sleep Environment		
	Infant Mortality Rate per 1,000 Per Live Births for Deliveries Paid by Medicaid		
	Black/White Infant Mortality Dissimilarity Index		
	Progesterone Education		

## PRIORITY THREE: Chronic Disease

GOAL: Fewer residents of Mahoning County will be diagnosed with diabetes and those with diabetes currently will experience reduced morbidity

	Goal Target 2015	Goal Target 2019
Indicators	YMCA Diabetes Prevention Program Participants	Incidence of Diabetes Among Per 1,000 Adults
	YMCA Diabetes Prevention Program Evaluation	
	Mercy Health Youngstown Primary Care Physician Practices Meeting Primary Care 6 Measure of Diabetes Care, HbA1c	Adult Smoking
	Tobacco Cessation Training	Diabetic HbA1c Monitoring
	Mahoning County Primary Care Practices Meeting D5 Criteria	

## PRIORITY FOUR: Substance Use Disorders (Heroin and Opiates)

GOAL: Decrease deaths from Substance Use Disorders

	Goal Target 2015	Goal Target 2016	Goal Target 2019
Indicators	Naloxone Prescriptions	BRAIN POWER NIDA Curriculum Adoption	Drug Poisoning Death Rate (number of deaths)
		Opiate Prescription Per Capita	Students Reporting Prescription Opiate/Heroin Use
		Newborns with Neonatal Abstinence Syndrome	

2014 Mahoning County Community Health Improvement Plan - 2016 Goal Achievement Status Report  
Overview of 2016 Strategy Implementation

### **PRIORITY ONE: Healthy Eating/Active Living**

To **increase the number of adults and children regularly engaged in healthy eating and active living**, Akron Children's Mahoning Valley has conducted numerous educational and activity programs: Ounce of Prevention; Fitness Fun Storytime; Eat, Play, Grow, Fitness Club; Fit and Healthy Action Challenges; and the Mahoning Valley Healthy Kids Coalition. The MCDBOH has continued to offer the Healthy U Chronic Disease Self-Management Program. With the help of YSU, Department of Ecology, Mahoning County schools were surveyed to assess physical activity in schools. YSU and Mercy Health conducted programs in the inner city to promote physical activity and healthy eating. With the goal of making breastfeeding the cultural standard in Mahoning County, a new breastfeeding support group was developed by Mahoning County WIC to help women make informed feeding decisions. Additional focus is needed to increase physical activity among children and adults.

### **PRIORITY TWO: Infant Mortality and Birth Outcome Inequity**

The MY Baby's 1<sup>st</sup> Infant Mortality Coalition has been actively working to **reduce the infant mortality rate and the disparity between black and white birth outcomes across Mahoning County**. Several strategies have been implemented to assist pregnant and parenting women including: implementing breastfeeding initiatives; providing birth spacing education and Long Acting Reversible Contraceptive (LARC) programs; making progesterone available to help lower the risk of recurrent pre-term births; implementing CenteringPregnancy® which provides social support and education in a group prenatal care setting; organizing *Cribs for Kids* & car seat distributions to provide safe sleep and travel measures for babies; implementing Empowering Mom's which provides social and educational resources for pregnant and parenting women; implementation of the Community Pathways HUB to connect women to a healthy pregnancy and the Fetal Infant Mortality Review (FIMR) Program to analyze the systematic issues resulting in fetal and infant deaths. Insufficient birth spacing remains a major cause of low birth weight and prematurity.

### **PRIORITY THREE: Chronic Disease**

Many community efforts are underway with the goal of **reducing the number of residents diagnosed with diabetes and reducing morbidity for those with diabetes currently**. Area hospitals, the YMCA of Youngstown, and MCDBOH conducted diabetes prevention and diabetes education programs in the community. With grant support, the YMCA has offered the evidence-based Diabetes Prevention Program (DPP) free or at a reduced cost to participants. Some health insurers are including DPP as an allowable cost with physician referral. Mercy Health provided diabetes education programs to individuals newly diagnosed with type 1 or type 2 diabetes or those with uncontrolled diabetes or pre-diabetes. Locally, Mercy Health Primary Care Physician Practices have set standards for documentation of *Primary 6*, which assesses the extent to which their patients receive pneumococcal vaccination, breast and colorectal cancer screening, controlled HbA1c, controlled high blood pressure, and medical attention for nephropathy. The community focus on diabetes is yielding positive results. Tobacco use, a major contributor to mortality from all chronic diseases, remains a significant problem in Mahoning County.

### **PRIORITY FOUR: Substance Use Disorders (Heroin and Opiates)**

With the ongoing growing opiate epidemic, there have been many community-wide awareness activities to educate the public regarding opiate use, abuse, and treatment opportunities to **reduce deaths from substance use disorders**. Access to naloxone has increased across the county for caregivers/families and for first responders through Meridian Care, MCDBOH, and local pharmacies. The NIDA Brain Power Curriculum is being used in eleven Mahoning County school districts and a Neonatal Abstinence Syndrome (NAS) Task Force has convened. The NAS Task Force is assessing the scope of the problem locally. SBIRT has been implemented in the county's FQHC. The county's Level 1 Trauma Center has implemented SBIRT in the hospital system including both hospital based and practice based physicians, nurses, residents, and nursing students. New initiatives aimed at curbing access to opiates and heroin are planned for 2017.