

Selected Annual Indicators Denoting Progress Toward Mahoning County 2014 Community Health Improvement Plan Goals - June 2015

Key:	Goal Met
	Making Progress Toward Goal
	Goal Not Met
	Data Not Available to Date

PRIORITY ONE: Healthy Eating/Active Living

GOAL: Increase the number of adults and children regularly engaged in healthy eating and active living

	Goal Target 2015	Goal Target 2019
Indicators	- Adults Reporting Eating < 5 Servings of Fruits or Vegetables per day	- Adult Obesity
	- Adults Who are Physically Inactive	
	- Breastfeeding Rates	- Overweight/Obesity Prevalence in 3 rd Graders
	- Minutes per week Children Active in School	

PRIORITY TWO: Infant Mortality and Birth Outcome Inequity

GOAL: Infant mortality in Mahoning County will meet national goals and the disparity between black and white birth outcomes will be eliminated.

	Goal Target 2015	Goal Target 2017	Goal Target 2019
Indicators	- Progesterone Education - Number of Fetal and Infant Mortality Review Recommendations	- <18 Month Inter-Conception Spacing - Births with First Trimester Prenatal Care	- Infant Mortality Rate per 1,000 Live Births for Deliveries Paid by Medicaid
			- Number of Deaths Due to Unsafe Sleep Environment
			- Pre-Term Births - Low Birth Weight - Low Education (HS diploma or less) Infant Mortality Rate/1,000 Live Births
			- Black/White Infant Mortality Dissimilarity Index

PRIORITY THREE: Chronic Disease

GOAL: Fewer residents of Mahoning County will be diagnosed with diabetes and those with diabetes currently will experience reduced morbidity

	Goal Target 2015	Goal Target 2019
Indicators	- YMCA Diabetes Prevention Program Participants	- Incidence of Diabetes Per 1,000 Adults
	- YMCA Diabetes Prevention Program Evaluation	- Adult Smoking - Diabetic HbA1c Monitoring
	- Tobacco Cessation Training	
	- Mercy Primary Care Practices Meeting D5 Criteria	
	- Mahoning County Primary Care Practices Meeting D5 Criteria	

PRIORITY FOUR: Substance Use Disorders (Heroin and Opiates)

GOAL: Decrease deaths from Substance Use Disorders

	Goal Target 2015	Goal Target 2016	Goal Target 2019
Indicators	- Naloxone Prescriptions	- NIDA Brain Power Curriculum Adoption by Schools	- Students Reporting Opiate/Heroin Use*
		- Newborns with Neonatal Abstinence Syndrome	- Drug Poisoning Death Rate (number of deaths)
		- Opiate Prescription Per Capita	

2014 Community Health Assessment and Community Health Improvement Plan - Evaluation Report

Since the release of our March 2014 Community Health Assessment and Community Health Improvement Plan, much collective progress has been made by community partners towards our goals and objectives of improving health and wellness in Mahoning County and Youngstown.

PRIORITY ONE: Healthy Eating/Active Living

To accomplish the goal to **increase the number of adults and children regularly engaged in healthy eating and active living**, the Mahoning County District Board of Health (MCDBOH) has been conducting Chronic Disease Self-Management classes, the YMCA of Youngstown has issued mini-grants to schools/organization to facilitate changes in food, physical environment or physical activity policies, Akron Children's Hospital has developed a Healthy Kids Coalition which has been coordinating education programming in schools and in the community, and the United Way of Youngstown/Mahoning Valley has implemented *Success After 6*, a multi-faceted afterschool program in the Youngstown Community School. Mercy Health's *Stepping Out* program collaborates with area community centers in Youngstown to provide fitness activities, health assessment, and healthy eating education. Areas that need to be developed include the worksite wellness program, *Work @Health*, and educating area physicians on how to include information on healthy eating/active living screenings and information into their practice. Youngstown State University will assist with an assessment of the amount of time Mahoning County children spend in school based physical activity per week and a method to assess overweight/obesity prevalence in 3rd graders need to be developed.

PRIORITY TWO: Infant Mortality and Birth Outcome Inequity

The M/Y Baby's 1st Coalition is a community wide initiative to **reduce infant mortality and eliminate birth outcome inequities** in Mahoning County and Youngstown. With the MCDBOH and Youngstown City Health District as the leads, M/Y Baby's 1st Coalition is a partnership of more than 30 clinical, social, and behavioral health service providers that have analyzed the community's infant mortality data and are implementing interventions to address the risk factors leading to infant mortality in this community. Mercy Health has developed a CenteringPregnancy® program and *Empowering Moms* to provide social support, educational tools and community resources to pregnant and parenting women. MCDBOH, Mercy Health, and Akron Children's Hospital have been working together to conduct a safe sleep education campaign, including a *Crib for Kids* program. Increasing progesterone use to lower the risk of pre-term birth has been aggressively promoted by Akron Children's Hospital and a Fetal Infant Mortality Review (FIMR) program has been developed by MCDBOH. Work on improving birth spacing and increasing exclusive breast feeding is also being conducted by a number of agencies.

PRIORITY THREE: Chronic Disease

Area hospitals and the YMCA of Youngstown have been working toward **reducing the number of residents diagnosed with diabetes and reducing morbidity for those with diabetes currently**. YMCA of Youngstown has been conducting the Diabetes Prevention Program and has obtained a grant to provide scholarship opportunities for participants unable to afford the program. Mercy Health Primary care physicians have been educated on the D5 criteria in diabetic patients and their diabetic education program provides people with diabetes the opportunity to learn how to better control their blood sugar levels. MCDBOH and Mercy Health are conducting a number of tobacco cessation programs, including the "Baby and Me Tobacco Free" tobacco cessation program. Areas that need to be developed include conducting the Stanford University Diabetes Self-Management Program and the CDC *Work @Health* program for area businesses. Tobacco usage in 16-25 years olds needs to be addressed due to increases in usage rates.

PRIORITY FOUR: Substance Use Disorders (Heroin and Opiates)

With the growing opiate epidemic, there have been ongoing awareness activities to educate the public on opiate use, abuse, and treatment opportunities to **reduce deaths from substance use disorders**. Austintown, Sebring, South Range, and all Diocese of Youngstown Schools have adopted the NIDA Brain Power curriculum and the Boardman School system has received a drug-free schools grant, *Project DAWN* has been implemented by MCDBOH and local hospitals have implemented SBIRT in their clinics and practices. Educating physicians has been an on ongoing overall challenge and a method of data collection regarding babies experiencing Neonatal Abstinence Syndrome needs to be established.