

Top FIMR Recommendations

Preconception

- Increased comprehensive sex education
- **Increased education on the importance of preconception health, including intra-conception care**
- Education on proper birth spacing between pregnancies (birth or loss)
- Education on effective birth control and contraception options
- Promotion of alcohol, tobacco, and drug education, drug use assessment, and cessation and treatment programming

Pregnancy

- **Increased education on the importance of early prenatal care**
- Education on the availability of programming to assist pregnant moms (MY Baby's 1st programs) to the general public, physicians, and medical staff
- Promotion of alcohol, tobacco, and drug education, drug use assessment, and cessation and treatment programming
- Education regarding the importance of Kick Counts
- Ensure appropriate referrals (MFM, drug treatment, domestic violence, home visiting, etc.), and the follow through with receiving the services
- Improved social service referrals, coordination, and communication between agencies, counties and bordering states

Other FIMR Recommendations

General/Preconception

- Improved access to health care
- Emphasis on the importance of cultural competency in medical care
- Emphasis on the importance of empathy training in medical care
- Improved domestic violence screening at the hospital
- Increased education of women's health care and pregnancy issues on YSU Campus
- Improved dental care before and during pregnancy
- Promote the utilization of yearly wellness care provided by insurances, as recommended for age

Pregnancy

- Expansion of after-hours prenatal care appointments
- Conduct maternal genetic testing after a birth with chromosomal abnormalities

- Review protocols regarding the necessity for hospitalization for blood pressure monitoring
- Conduct HbA1c testing during initial prenatal care visits, especially in those presenting with risk factors
- Increased home visiting programming and participation
- Provider education on progesterone use
- Include prenatal drug screening into the standard of care and at time of a loss
- Improved quality of information on birth and death certificates
- Inclusion of obesity as a single risk factor for referral to high risk care
- Emphasis on the importance of connecting women to care coordination
- Encourage insurance companies to require referral for case management in high risk cases

*Base on the FIMR Review of 45% (n=54) of all 120 fetal and infant deaths that occurred in Mahoning County from 2015-2018

Priority Issues Identified

